

**NAME & ADDRESS OF INTERNSHIP SITE**

Roman Music Therapy Services  
333 North Avenue  
Wakefield, MA 01880  
781-224-3300

**INTERNSHIP DIRECTOR**

Donna W. Polen, LCAT, MT-BC  
[donna@romanmusictherapy.com](mailto:donna@romanmusictherapy.com)

**SUPERVISORS**

Emily Hawley, MT-BC  
MacKenzie Lyons, MT-BC

**POPULATIONS SERVED**

Birth through end of life including, but not limited to:

- Babies and toddlers in community programs and early intervention
- Children and adults with intellectual and developmental disabilities
- Children and adults with mental health needs
- Older adults with dementia or Alzheimer's and other age-related needs

**ENTRY LEVEL REQUIREMENTS/COMPETENCIES**

- Basic proficiency using guitar, piano, percussion and voice in a clinical setting. Proficiency defined as the ability to recognize and play in several major/minor keys, transpose songs into different keys, sight-read using a chord/lead sheet, sight-read a melody using voice/piano, vary strumming/playing styles to correspond with various moods/genres.
- Practicum experience with at least 3 different clinical populations.
- Practicum experience in both group and individual settings.
- Excellent communication skills in both verbal and written formats.
- Professional, self-motivating and excellent organizational skills.
- Basic competency in client documentation including assessment, treatment planning, implementation, evaluation and termination.
- Ability to accept and incorporate constructive criticism and feedback from several supervisors in order to adapt/improve skills as a clinician and musician when necessary.
- Must have reliable transportation, valid license and proof of insurance.
- Must be willing to travel to various sites throughout Eastern Massachusetts.

## **INTERNSHIP EXPERIENCE**

Roman Music Therapy Service's vision is to create connections and build community for people of all ages and abilities, now and for generations to come. Our mission is serving others through transformative, human centered music making. Our team is connected by our shared values about music, music therapy and human centered care.

**In addition to fulfilling the AMTA "National Roster Internship Guidelines" requirements, at RMTS you can expect the following benefits:**

- \$250 monthly stipend for 8 months
- Paid Student Membership in AMTA
- \$250 Stipend towards conference expenses
- Sprouting Melodies™ Online Training
- \$10 coffee card each month
- Use of a company laptop for all work-related requirements
- Mileage reimbursement for travel between sessions, not including first or last drive of the day

The internship training period runs for a period of 8 months from either January through September or July through March, with a two-month overlap of training periods. Each intern's work schedule is created in collaboration with the supervisors based on a number of factors, including the hours and skills required for completion of internship as identified in the individualized training plan.

The internship begins with an observation and orientation period of 6-8 weeks. During this time, the intern spends time participating in sessions conducted by RMTS music therapists, gradually transitioning from observing to assisting, co-leading, and leading with support. In addition, the intern participates in orientation activities designed to assist in acclimation to the environment, culture, online HIPAA compliant documentation program, and other professional expectations at Roman Music Therapy Services. By the beginning of the 3rd month, the intern assumes responsibility for their caseload, which will include a combination of individual and group sessions, some of which the intern leads independently and others which will be co-leading formats. Interns spend approximately 18-20 hours per week in sessions, with the remaining time on duty dedicated to documentation, practicing, reading, journaling, and in-service training, and supervision. In addition to processing session work and clinical and professional skills development, in-service and supervision topics may include discussion of assigned readings, structured listening exercises, discussion of philosophical and theoretical considerations of the work of music therapists, and professional advocacy.

## **ADMINISTRATIVE REQUIREMENTS**

- Provide proof of current CPR/First Aid certification or complete CPR/FA training
- CORI background check (conducted by RMTS)

## **ADDITIONAL INFORMATION**

- RMTS is not responsible for housing, meals, or transportation during internship
- RMTS provides liability insurance coverage for interns during internship

## **OUR CULTURE CREED**

### ***We Believe:***

- Making music transforms lives
- Music connects people
- Everyone can make music
- Making music builds bridges and creates community
- Music therapy celebrates abilities and allows us to see beyond limitations
- Music therapy provides a safe space to be who you are
- As music therapists, it's our job and responsibility to make music accessible to people of all ages and abilities
- Inclusive opportunities allow people to be music makers, to belong, to contribute, and to connect with others
- Music making is a form of communication that fosters expression and understanding
- Music can be used as a tool, empowering people in their daily lives

