



A Mastermind Retreat to Unleash Your Possibilities  
and Nurture Your Potential

**NOVEMBER 12-16, 2023**  
**RETREAT SCHEDULE**

**MONDAY, NOVEMBER 13, 2023**

2-4PM: Meet and Greet (*lunch provided*)  
4-4:30PM: **Ensemble** - Setting the Stage, Orientation  
4:30-5:30PM: Introduction & Expectations  
5:30-6:15 PM: Purpose, Mission, Vision  
6:15-7:15PM: Community Working Dinner  
7:15-8PM: Break  
8-9PM: **Ensemble** - Evening Check in  
9PM: Taps - Evening Rest

**TUESDAY, NOVEMBER 14, 2023**

8-8:45AM: Optional Morning Walk/Swim  
9-9:30AM: **Ensemble** - Morning Check In  
9:30-10AM: **Ensemble** - Business Topic 1  
10AM-12:15PM: **Solo & Duets**  
12:15-2PM: Lunch and Rest  
1-2PM: Movement, music and well-being break  
2-2:30PM: **Ensemble** - Mid Day Check In  
2:30-5PM: Workshop/**Solo** - Business Topic 2  
5-6PM: Dinner - Small group discussion  
6-9PM: Beach Night

**WEDNESDAY, NOVEMBER 15, 2023**

8-8:45AM: Optional Morning Walk/Swim  
9-9:30AM: **Ensemble** - Morning Check In  
9:30-10AM: **Ensemble** - Business Topic 3  
10AM-12:15PM: **Solo & Duets**  
12:15-2PM: Lunch and Rest  
2-2:30PM: **Ensemble** - Mid Day Check In  
2:30-5PM: Workshop/**Solo** - Business Topic 4  
5:00-6:15PM: Early Evening Rest and Meditation  
6:15-7:30PM: Community Working Dinner  
7:30-9PM: Rest and Relaxation  
9PM: Taps - Evening Rest

**THURSDAY, NOVEMBER 16, 2023**

8-8:45AM: Optional Morning Walk/Swim  
9-10AM: **Solo** Time - Closing Up  
10AM-12PM: Final Discussion and Wrap Up  
12PM: Check Out

*Schedule subject to change.*