



Music Therapy in Schools: Service Delivery Options

Music therapy is a well-established, research-based profession in which music is used in the accomplishment of therapeutic and educational goals. Music therapy helps to improve cognitive, social, physical, psychological, and/or communication functioning. Music Therapy Services in school settings are available on a continuum of service delivery models.

- ✓ **Direct Group Program Services** - a programmatic enhancement model for special education classes; Consultation may be included with the regular/special educator to develop strategies for carry-over into the classroom
- ✓ **Direct Individual Services** - a related service to individuals or small groups working on music therapy specific IEP goals and objectives; Consultation with the regular/special educator to establish music therapy interventions to support the student in the classroom and monitor carry over of skills learned in Individual Direct Music Therapy Sessions
- ✓ **Consultation** - with the regular/special educator to determine music therapy interventions for the classroom or for specific individuals not receiving music therapy as a related services on their IEP
- ✓ **Professional development** for special educators, music educators, and related service providers including occupational therapists, physical therapists, speech and language pathologists, and school psychologist on the uses of music therapy interventions and strategies

With over a decade of public and private special education school services and over 25 public and private schools served, our team has the expertise and supervisory support to meet your school's needs.

Sample of educational services provided:

- Preventative and Promotive Music Therapy Groups for programs designed for students with intellectual impairments, autism spectrum disorders, social and emotional needs
- Integrated classroom support in preschool and elementary classrooms
- Flexible groups for alternative middle/high school programs
- Flexible individual services for special needs schools
- Direct services as specified on Individualized Education Plans
- Consult to teacher services providing suggestions, feedback and music strategies to be used throughout the educational environment
- Elective programs and series
- Project Harmony Chorus with performances for the community
- Thematic programs to support self-expression and collaborative work skills including songwriting, drumming and music technology
- Afterschool programs for districts and private schools

For more information about how our team can support your school, please call our office!