ROMAN
MUSIC THERAPY
SERVICES

RomanMusicTherapy.com | CREATING CONNECTIONS, BUILDING COMMUNITIES, TRANSFORMING LIVES | Fall 2016/Winter 2017

Are You a Champion?

If you have experienced the power of music therapy, you are probably already a believer. Each day, growing numbers of people are learning how music therapy can facilitate connections and meaningful engagement for individuals with a wide variety of needs. Music therapists use music to unlock closed doors, exposing potential, possibilities and opportunities.

Help us to spread the power of music therapy by becoming a music therapy ambassador. You can serve as a champion to help us grow awareness and advocate for music therapy and the clients who benefit from it.

Ambassadors may host a universal music-making event (such as a community drum circle or open mic night), publicize our events or services, advocate for music therapy as a viable clinical service or as a rewarding and powerful career choice, or provide a donation or sponsorship for an individual with specific needs.

Are you ready to be a champion?

MUSIC-MAKING FOR ALL

For the past decade, Roman Music Therapy Services has been at the forefront of developing music therapy services that meet the needs of our clients, their families and communities. Through the years, we have added *Sprouting Melodies* classes and after-school recreation programs; birthday parties, corporate and community drum circles; library concerts and even a Baby-Toddler Flash Mob concert. We refer to these programs as **preventative, promotive, or universal music therapy experiences.**

All of these programs (and others that we are still dreaming up) have a common thread. While not intensive therapeutic or clinical services, they meet specific needs that are uniquely filled by music therapy.

- **Preventative Music Therapy** services mitigate potential risk factors and provide a protective layer, building resiliency and social capital for participants
- **Promotive Music Therapy** is focused on expansion of skills, quality of life, or overall development of individuals, groups or communities
- **Universal Music Therapy** experiences are participatory, *in-the-moment* music-making events which entail involvement with others through active listening, singing or playing

Structured, intentional music-making experiences have potential to create and support the development of community. **If you would like to explore use of a promotive or universal music therapy experience, please contact us.**

Private and Public Schools

Day Programs

Private and Group Residences

Community Organizations

Celebrating 10 Years of Making Music!

SOCIAL ~ COGNITIVE ~ EMOTIONAL ~ BEHAVIORAL ~ PHYSICAL ~ SENSORY ~ COMMUNICATION

www.RomanMusicTherapy.com

CELEBRATING 10 Years OF MUSIC MAKING

Roman Music Therapy Services

The American Music Therapy Association (AMTA) declares a formal focus on research

RMTS launches with a single contract at a pediatric long-term care facility

Early intervention services for individuals and groups begin

2006

2007

First clients receive services at a music therapy studio in Founder, Meredith Pizzi's, home

First partnership: Emarc Recreation Programs

Sprouting Melodies
Using the Power of Music to Facilitate Growth

AMTA.Pro, the professional development podcast for music therapists, launches

Sprouting Melodies, our early childhood music program, sets sail

Opened our first Music Therapy Center in Melrose

RMTS featured on Ablevision, produced by adults with developmental disabilities at Triangle, Inc.

2009

2008

Comprehensive guide to music therapy with young children is published: *Music, Therapy, and Early Childhood* Elizabeth K. Schwartz, LCAT, MT-BC

Partnership with *Kate's Voice* to increase access for music therapy in the schools

Launch *Rockin' Babies & Boppin' Toddlers*, Melrose Library programs

Media spotlight on the music therapy profession

- US Representative Gabby Giffords' recovery
- Film ***The Music Never Stops***
- Jodi Picoult novel ***Sing You Home***

Take Our Daughters To Work Day creator Nell Merlino calls RMTS ***"a very important business!"***

Boston Business Journal story on RMTS and *Make Mine A Million Business Competition*

2011

2010

AMTA celebrates 60 years of Music Therapy as a profession

First music therapy intern nurtured and trained

Berklee College of Music invites Meredith Pizzi to guest lecture

Sprouting Melodies
A RH MUSICAL EXPERIENCE

RMTS re-brands and launches new website

Gather Round, RMTS' first original CD, is released at a celebratory party

***Sprouting Melodies* featured** in *Imagine Magazine*

2013

2012

***Sprouting Melodies* recognized** in *Best Kids Classes* category by *Boston Parents Paper*

Governor Patrick participates in a music therapy session at Malden's *Linden School*

***Raising Harmony* launches** to train music therapists around the world

Raising Harmony

Music Therapists named *Persons of the Week* on ABC's Nightly News

RMTS' strategic planning retreat plants seeds for expanding access, advocacy and music making

RMTS joins the *Provider's Council*

RMTS presents *Beating Burnout: The Therapeutic Effects of Drumming* at their annual convention

2015

2014

RMTS hits the road, serving clients throughout the entire lifespan as far as Fall River, Worcester and Newburyport

RMTS engages corporate clients with innovative Drum Circle+ program

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RMTS is certified as a *Women Business Enterprise* in MA

RMTS hosts community drum circle *One Pulse, Many Drums* in unity with those affected by violence

RMTS team presents *Community Music Therapy: From Theory To Practice*, at New England Region AMTA Conference

***Sprouting Melodies* earns accolades:** *Boston's A-List* for kids' music classes and *Best of the Best, Boston Parents' Paper* (5th year in a row)

10 year milestone!

2016

ROMAN MUSIC THERAPY SERVICES
10
YEARS OF MUSIC MAKING

OUR MISSION ~ SERVING OTHERS THROUGH TRANSFORMATIVE, HUMAN-CENTERED MUSIC MAKING

OUR VISION ~ TO CREATE CONNECTIONS AND BUILD COMMUNITY FOR PEOPLE OF ALL AGES AND ABILITIES, NOW & FOR GENERATIONS TO COME

TEAM News

Becoming a Board Certified Music Therapist involves a lot more than learning how to sing and play the guitar! To study to become a music therapist, one must enter into an approved training program at either the undergraduate or graduate level and complete coursework in music, psychology, human development and behavior, and core music therapy practice. In addition, all students must have hands-on practical experience throughout their schooling, completing at least 300 hours of clinical work. The final certification step for music therapists is completion of 900 hours of internship training.

We have been delighted to welcome Alison Albino to our team this year as she completes her music therapy internship at Roman Music Therapy Services. While developing skills in all the areas of clinical practice from treatment planning, to music therapy interventions to termination of service delivery, she has learned from our entire team of music therapists.

"It has been a really wonderful experience to work with such a variety of individuals and with so many music therapists during my internship. I've gained a deeper understanding and expanded my learning opportunities. One lasting impression is the importance of developing specific goals for each individual and group, and I can see now how important it is to go into each session with a clear understanding of what you want to achieve." –Alison Albino, Music Therapy Intern

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extending your reach online

Melrose Public Library

Minuteman Press. Malden, MA
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ABOUT Us

Our Board-Certified Music Therapists provide individual and age-specific group music therapy services throughout eastern Massachusetts - at your location or our music therapy center in Melrose, MA.

Learn what's happening in your area or sign up to test-drive a Sprouting Melodies class. Call 781 665-0700 or visit our website at www.romanmusictherapy.com for more information.

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