

ROMAN MUSIC THERAPY SERVICES

Using the Power of Music to Facilitate Growth

Thank you for your interest in considering music therapy to strengthen the program that you offer. Music therapy is a well-established, research-based profession in which music is used in the accomplishment of therapeutic and educational goals. Music therapy helps to improve cognitive, social, physical, psychological, and/or communication functioning.

Music Therapy uses the motivation, organization and structure of engaging music activities to address individualized goals. Music therapy goals could include increasing expressive and receptive language skills, increasing social interactions with staff and peers, promoting carryover and generalization of skills, increasing joint attention, decreasing impulsive or non-compliant behaviors, increasing independent self-care skills, or increasing academic skills such as reading or mathematics.

Music Therapy Services in school settings are available on a continuum of service delivery models.

- ✓ **Direct Group Program Services** - a programmatic enhancement for special education classes; **Consultation** may be included with the regular/special educator to develop strategies for carry-over into the classroom
- ✓ **Direct Individual Services** - a related service to individuals or small groups working on music therapy specific IEP goals and objectives; **Consultation** with the regular/special educator to establish music therapy interventions to support the student in the classroom and monitor carry over of skills learned in Individual Direct Music Therapy Sessions
- ✓ **Consultation: Teacher** with the regular/special educator to determine music therapy interventions for the classroom or for specific individuals not receiving music therapy as a related services on their IEP
- ✓ **Professional development** for special educators, music educators, and related service providers including occupational therapists, physical therapists, speech and language pathologists, and school psychologist on the uses of music therapy interventions and strategies

Music therapy has been a profession for over 50 years and enjoys growing acceptance as an efficient, effective therapy for children with special needs. An increasing number of schools and school districts are providing music therapy to children on both the pre-school and school aged levels. We have included in this packet additional information on music therapy and a letter of clarification from the Office of Special Education Programs on Music Therapy as a related service. Please feel free to contact us at 781-665-0700 if we can be of further assistance.

Sincerely,

Meredith R. Pizzi, MT-BC
Director/Board Certified Music Therapist
Roman Music Therapy Services